

# Participant Pictorial Information Sheet

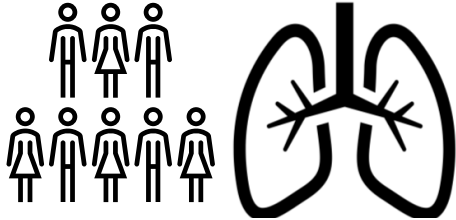
Optimising azithromycin  
prevention treatment in COPD to  
reduce exacerbations



FUNDED BY

**NIHR** | National Institute for  
Health and Care Research



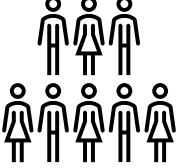


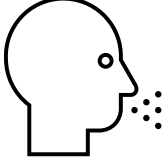
## Why do we need the trial?




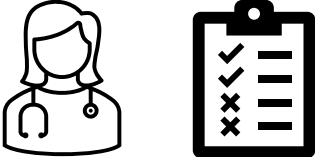



1. Azithromycin is a medicine used in people with COPD to reduce flare-ups.

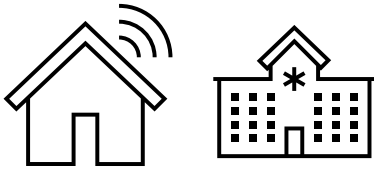
We need to find out if there are benefits long-term or benefits in a trial of stopping it.

## What questions will this trial answer?

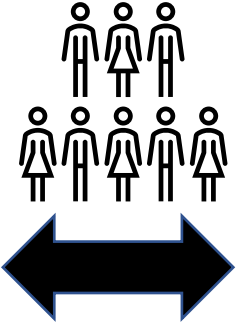


  	2.	Does azithromycin work in some people and not others?
  	3.	What about azithromycin side effects?



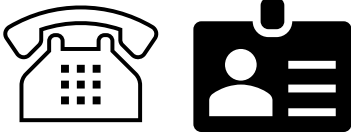
## What will happen if I take part?

	<p>4.</p>	<p>Your care will not be affected whether or not you take part in the trial.</p>
	<p>5.</p>	<p>We will check whether you are eligible to take part in the trial.</p>
	<p>6.</p>	<p>We will take your informed consent.</p>
	<p>7.</p>	<p>You will be asked to fill in some questionnaires.</p>
	<p>8.</p>	<p>You may have a blood test and breathing test if not done recently.</p>


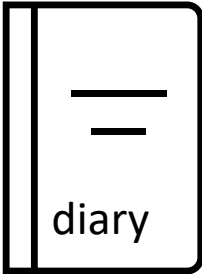


	<p>9.</p>	<p>We will avoid hospital or GP visits just for the trial. You can participate from home.</p>
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## What trial medication will I receive?

	<p>10.</p>	<p>You will be randomised to one of two trial medication groups.</p>
	<p>11.</p>	<p>A) azithromycin or B) placebo (dummy pills)</p>
	<p>12.</p>	<p>All the trial pills will look the same and you and your trial team</p>

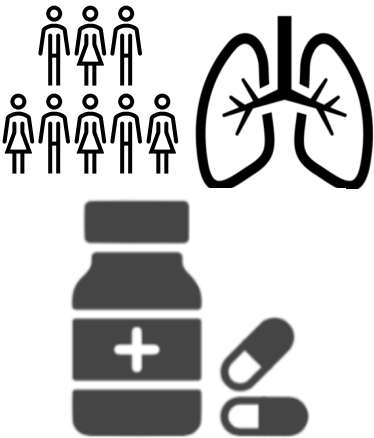
		will not know what you are on.
	13.	Trial medication will be delivered to your home.
	14.	You will be told how to take the trial medicine.
	15.	You will be told who to contact if needed.

## What if I have a flare-up?

	16.	We will provide information on how to let us know.
	17.	You will be given a diary to record information about flare-ups.
	18.	If you are having flare-ups your trial team may decide to stop trial medication.
	19.	If so, your doctor or nurse may decide to restart your regular azithromycin prescription.

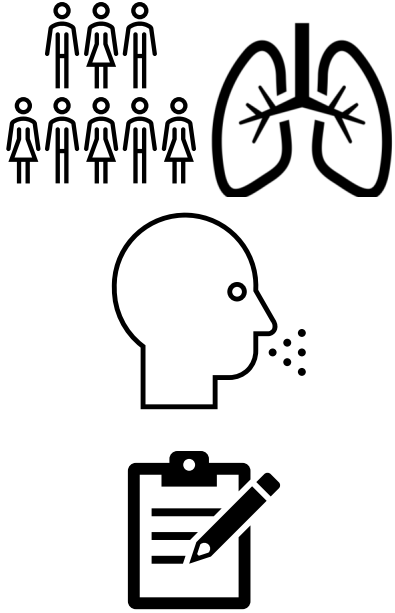
	20.	You will still be followed up in the trial. This information is very important too.
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## What are the advantages?

	21.	<p>You will help us find out how we can best use azithromycin in people with COPD to reduce flare-ups.</p> <p>If we see benefits in stopping your azithromycin, you may not need to take it so often in the future.</p>
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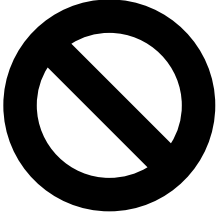
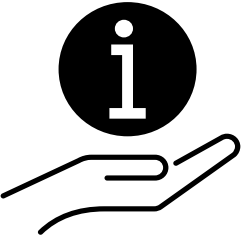
## What are the disadvantages?

 <p>The icons in this column include: a group of six stylized human figures (three men and three women), a pair of human lungs, a profile of a human head with three dots representing breath or sound coming from the mouth, and a clipboard with a pencil resting on it.</p>	<p>22.</p>	<p>You may experience flare-ups.</p> <p>You may experience side-effects.</p> <p>If you do, let us know. You will have the option of withdrawing from the trial.</p> <p>It is also important for us to record this information.</p>
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## What will happen to my information?

	<p>23.</p>	<p>Your information will be looked after in a fair, lawful and secure manner.</p> <p>We may also need to access medical records for the trial.</p> <p>You will not be able to be identified from any trial results published.</p>
	<p>24.</p>	<p>We will keep information about you safe.</p>


## What if I want to stop the trial?

 	25.	<p>You can stop taking part in the trial at any time.</p> <p>We will use the information you gave us before you stopped.</p>
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## What if there is a problem?

	26.	<p>You can contact the trial team or your local patient advisory liaison service.</p>
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## Trial contact details

	27.	<p>Local trial team contact:</p> <p><b>XXXX</b></p> <p>Central clinical research team email:</p> <p>cu.h.opace-clinical.team@nhs.net</p> <p>Trial website:</p> <p><a href="http://www.opacecopd.org.uk">www.opacecopd.org.uk</a></p>
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